

# THE WHEEL OF THE YEAR - SUMMER

Exploring the cycle of the seasons with nature-based activities & crafts

## ESSENTIAL INFO:

- **Date:** Monday 22<sup>nd</sup> July 2019
- **Location:** Outrageous Woods, West Acre Estate
- **Time:** 9.30am – 4.30pm
- **Cost:** £55
- **Maximum Group Size:** 16 people
- **Course Tutor:** Jane Burgon

## WHO IS THE COURSE FOR:

Anyone wanting to deepen their understanding of how the seasons can be used as a stimulus for creative outdoor learning and celebrating when working with all ages and abilities and/or for personal interest & understanding.

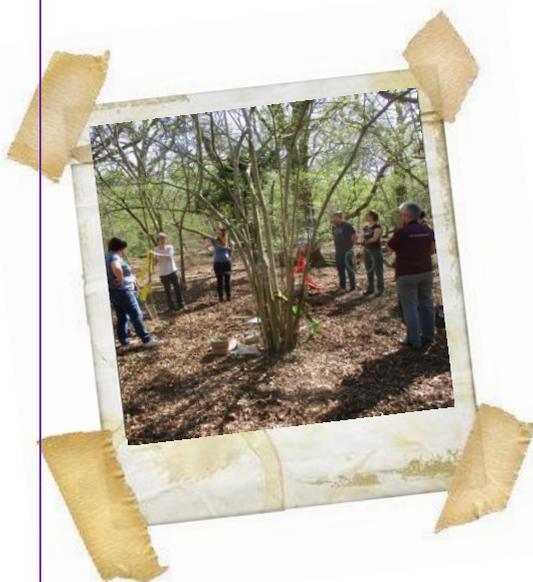
**Suitable for:** Teachers, Parents, Teaching Assistants, Early Years Practitioners, Outdoor Educators and Forest School Practitioners, Home School Educators, Play Workers.

## WHAT WILL THE WORKSHOP COVER:

We will explore the changes and wonders of the natural woodland in Summer using practical input, sensory awareness and nature-based activities. Drawing on folklore, tree wisdom and the traditions of the Celtic festivals, we will also look at ways to create simple seasonal celebrations outdoors and use natural resources to make our own particular Summer celebration!

The course will include:

- An introduction to the celtic 'wheel of the year', associated folklore and festivals
- Ideas and inspiration for how nature and a range of natural resources can be used as a stimulus for exploring the seasons.
- Creating & participating in our own summer celebration
- Deepen participants own connection to nature and the seasons



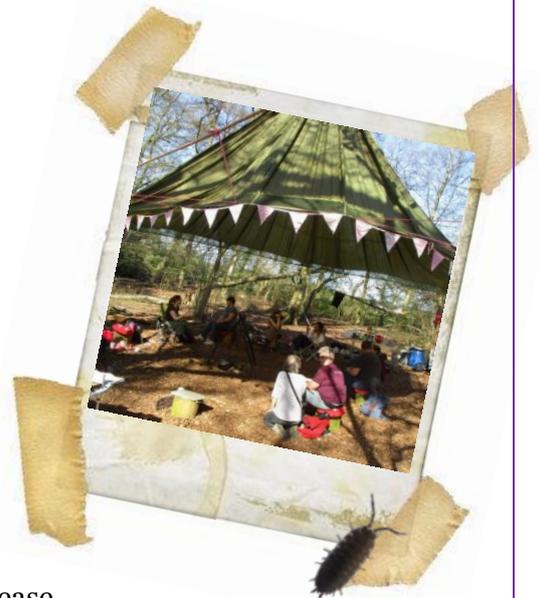
## DOMESTICS & CATERING:

We will be spending the day in our new woodland camp area. Please be aware that we have no indoor space so will be outside all day. Please ensure you bring appropriate outdoor clothing to be comfortable. We have a woodland shelter to use in wet weather and the campfire is always burning! Hot drinks, and refreshments will be provided throughout the day but please bring a packed lunch.

## VENUE INFORMATION:

We are lucky enough to be allowed to play in our woodland site by the kind permission of the Birkbeck family. It is easily accessible from main road routes.

**Address** – Outrageous Nature Woodland, West Acre Estate, B1153, just off the A47 (about 20 mins west from Swaffham). Please look out for directions and map in pre-course information.



## ABOUT THE COURSE LEADER:

Jane Burgon is a wise creature often found calmly appreciating the beauty of wild spaces. With her cheerful disposition and gentle approach she specialises in facilitating nature connection and has over 25 years experience of working in the outdoors with groups of all ages. She has a particular passion for celebrating nature and spending time with her young Labrador!

## ABOUT THE OUTRAGEOUS NATURE COMPANY:

The Outrageous Nature Company is a new Community Interest Company that helps get the ball rolling for people to be out together playing in nature. You can

follow us on Facebook (search for the Outrageous Nature Company and look for the dung beetle logo!) or check out our partially completed website [www.outrageousnature.com](http://www.outrageousnature.com)

## BOOKINGS & PAYMENT:

Please fill in the online booking form found on our website here - [www.outrageousnature.com/events-courses](http://www.outrageousnature.com/events-courses) Please make sure that you have taken a look at our terms and conditions before booking. Your booking will be confirmed via email and pre-course information sent nearer the course start date. An invoice with payment instructions will be sent to you upon booking.