

# WORKING WITH CHALLENGING BEHAVIOUR IN THE OUTDOORS, OCN LEVEL THREE

## ESSENTIAL INFO:

- 🟢 **Date:** Thursday 29<sup>th</sup> – Saturday 31<sup>st</sup> July 2021
- 🟢 **Location:** GroWild Kindergarten, Norwich
- 🟢 **Time:** 9.00am – 4.30pm each day
- 🟢 **Cost:** £325 accredited or £255 unaccredited
- 🟢 **Maximum Group Size:** 16 people
- 🟢 **Course Tutor:** Jon Cree

## WHO IS THE COURSE FOR:

Anyone wanting to deepen their understanding of 'challenging behaviour' expressed by learners (of any age) and how working outdoors within a natural space can be a catalyst for change.

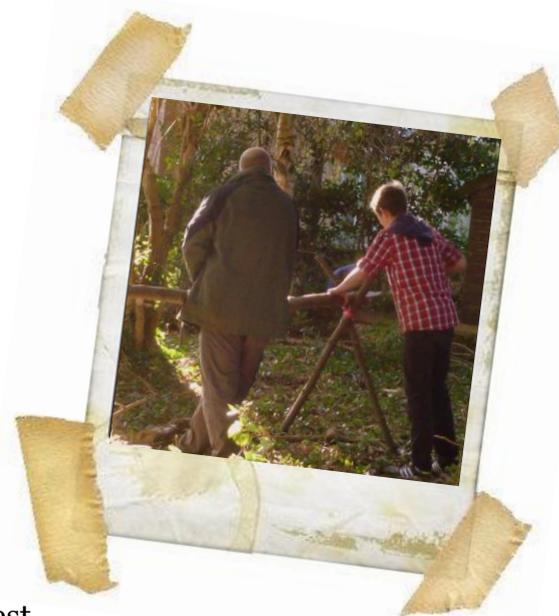
**Suitable for:** Teachers, Teaching Assistants, Early Years Practitioners, Outdoor Educators and Forest School Practitioners, Youth Workers, Play Workers.

## WHAT WILL THE WORKSHOP COVER:

This 3 day course will unpick behavioural theory and place this in the reality of the different behaviours we all meet in the outdoors from huge exuberance through to those displaying frustration, anger, disgust and the rest (including our own behaviours around such emotions). We will look at real life case studies, outdoor activities and chats round the fire! The days will be participatory and crammed full of tips, ideas, and activities that can be used in any natural setting. There will be time and space to consider specific issues that participants may be encountering with specific individuals in their care. Much of the course will be looking at our own self-regulation and how we help others co-regulate with the invaluable support of the natural world, especially in these strange times where there is more anxiety and stress present in our learning environments. If you opt for the accredited option you have the opportunity of gaining a level 3 accreditation (worth 3 credits) from the OCNWMR (please note that this option requires some assessment via discussion participation and coursework to meet assessment criteria).

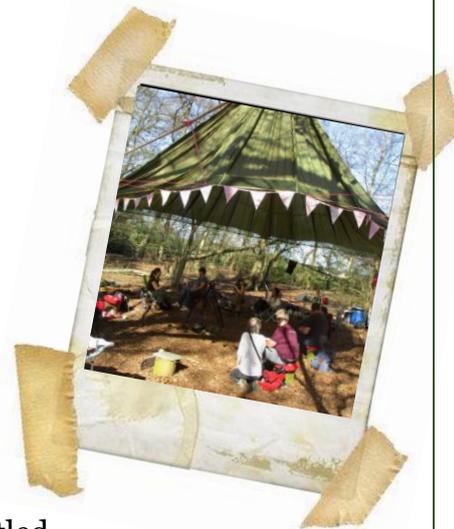
The course will include:

- 🟢 What do behaviours communicate and what is 'challenging behaviour'?
- 🟢 The 3 C's – Models for working with behaviour
- 🟢 Why outdoors? – What needs does the natural world cater for?
- 🟢 Interventions & De-escalation – ways of working with behaviours
- 🟢 A 'needs - based' approach and what needs the outdoors satisfy.
- 🟢 How to work with various 'needs' from neuro-typical through to various 'attachment' needs, including ASD, sensory attachments and more!
- 🟢 Self-care - Looking after ourselves
- 🟢 Working within Educational Settings, including policy & procedures



## DOMESTICS & CATERING:

We will be spending the days at GroWild's new Kindergarten site. We have access to outdoor woodland space as well as a classroom space if needed (although we will be aiming to be outside as much as possible!). Please ensure you bring appropriate outdoor clothing to be comfortable. We have a parachute shelter to use in wet weather and the campfire is always burning! Hot drinks, and refreshments will be provided throughout the day but please bring a packed lunch.



## VENUE INFORMATION:

We are being hosted by GroWild Kindergarten, who's site is nestled in Sprowston, Norwich, easily accessible by road and public transport.

**Address** – GroWild Kindergarten, Unit 3 Sapphire House, Roundtree Way, Sprowston, Norwich, NR7 8SQ. Please look out for directions and map in pre-course information.

## ABOUT THE COURSE LEADER:

Jon Cree is a rare creature usually found rummaging around his natural habitat of the woods, paddling in his canoe or hibernating in a hammock. He is easily identified by his charismatic hats, giggly infectious laugh and a slightly squeaky voice when excited.

Being a social creature he is at his best when in company and is a long time earth educator, Forest School leader, storyteller and environmental trainer. He has worked with numerous groups of all ages over the last 30 years, within the UK and internationally.

## ABOUT THE OUTRAGEOUS NATURE COMPANY:

The Outrageous Nature Company is a Community Interest Company that helps get the ball rolling for people to be out together playing in nature. You can follow us on Facebook (search for the Outrageous Nature Company and look for the dung beetle logo!) or check out our partially completed website [www.outrageousnature.com](http://www.outrageousnature.com)

## BOOKINGS & PAYMENT:

Please fill in the online booking form found on our website here - [www.outrageousnature.com/events-courses](http://www.outrageousnature.com/events-courses) Please make sure that you have taken a look at our terms and conditions before booking. Your booking will be confirmed via email and pre-course information sent nearer the course start date. An invoice with payment instructions will be sent to you upon booking.